



Reyné
O'SHAUGHNESSY

Pilot. Speaker. Innovator. Safety Advocate.






SIGNATURE TOPICS

- ✓ How to Overcome Invisible Barriers in a Male Dominated Industry
- ✓ From Stressed to Best: Transformative Ways to Manage Burnout and Excel at Work
- ✓ The Balance Blueprint: Empowering Women to Thrive in Today's Workplace

Reyné is a highly rated speaker with 35 years of experience as a commercial airline pilot, founder of Piloting 2 Wellbeing, and a best-selling author. As a forward-thinking leader, Reyné has a well-defined vision for enhancing psychological safety in aviation and other high-stress professions. She specializes in helping high-performing professionals and those seeking careers in high-stakes roles, particularly women, achieve a healthier, more rewarding life. Reyné offers practical, useful techniques tailored to their careers and beyond.

LOOKING FOR A SPEAKER TO INSPIRE AND MOTIVATE YOUR AUDIENCE?

Please feel free to reach out with any concerns or questions. Let's work together!

-  <https://captainreynéo.com>
-  reyné@piloting2wellbeing.com
-  @captain_reynéo (Instagram)
-  Reyné O'Shaughnessy (LinkedIn)
-  Book a Discovery Call



WHAT ARE REYNÉ'S COLLEAGUES SAYING?

"Collaborating with Captain Reyné O'Shaughnessy has been an exceptional experience. After reading her book, "This is your Captain speaking," we invited her to speak at the ALTA Pan American Aviation Safety & Ops Summit in Chile. Her involvement surpassed our expectations as Captain Reyné demonstrated a wealth of knowledge, unwavering focus, and exceptional teaching skills."

- Virginio Corrieri

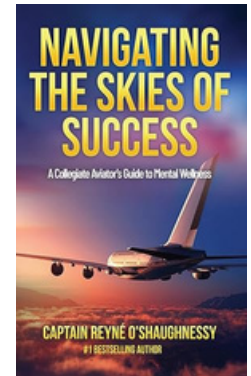
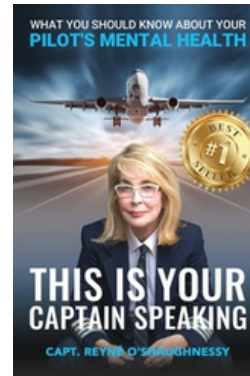
Director of Safety and Operations at the Latin American and Caribbean Air Transport Association (ALTA)

"What a wonderful event! You have officially broken records for our AMO guest speaker series. To my knowledge, I am unaware of any speaking event in AMO history that was as well received as last night. My total attendance calculation brought us close to 70 students! The work you are doing and the impact on OSU aviation students is invaluable to the future careers of these students. I wanted to thank you on behalf of all attendees for coming to speak to us!"

- Patrick Gallagher

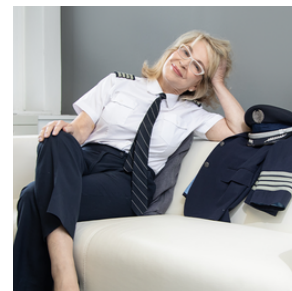
Aviation Management & Logistics Management, Ohio State University

BOOKS BY REYNÉ...



ENGAGEMENT FORMATS

- ✓ Keynote presentations
- ✓ Panel discussions
- ✓ Workshops
- ✓ Webinars
- ✓ Seminars



Without question we have come far from the 1950's in understanding the importance of mental health, yet there is so much more to do. If we are going to set up professionals for long term success, we need to rethink and reimagine the way we do business through the lens of humanity.

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